



In This Newsletter

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Great news! Our flyer, "[Unexplained Illness? It Could Be Your Electric Meter](#)," is one of the flyers featured on EMF activist Patricia Burke's [Smart Meter Science](#) Substack page.

Pass this flyer out in your neighborhood! When you do so, it alerts others to why they might be ill.

Here's part of the flyer:

A flyer titled "Unexplained Illness? It Could Be Your Electric Meter". The flyer is divided into several sections. On the left, there is a photo of a woman looking distressed, with the text "Insomnia, Headaches, Ringing in Ears, Anxiety, ... and more ...". Below this, it says "While we are exposed to wireless radiation from many sources, smart meters have exceptional effects. Some people are affected immediately and severely. Long-term, nearly everyone will be affected because of". In the center, there is a box titled "Leslie and Drew's Story" which contains a short story about a family affected by smart meters. To the right of this box, there is a list of symptoms: "Heart Palpitations, Fatigue, Irritability, High Blood Pressure, High Blood Sugar, Difficulty Thinking". On the far right, there is a section titled "People are getting just as sick from the opt-out meter as the regular smart meter." which explains that smart meters generate noise on the line and that dirty electricity is a pulsed, spiky, highly variable electromagnetic field. Below this, there is a section titled "Smart meter radiation:" with a list of effects: "Disrupts nerve signaling, which can result in sleep, heart, and memory problems and muscle spasms; Disrupts hormones (blood sugar, thyroid, blood pressure, melatonin); Causes oxidative stress (what anti-oxidants combat). Fewer people are becoming ill."

High Bills from Smart Meters



Smart meters frequently cause electric bills to spike. In Michigan, one family with a 900 sq ft home saw their bill go to **over \$22,000 for one month**. That's right: One month! And then Consumers Energy shut off his electricity for having an unpaid bill. [Read the story here](#).

Our Alerts and Breaking News page has an article about [how to determine](#) what might be causing those high bills.

People in **New York State** who have **NYSEG** are experiencing super-high bills right now. Check out the FB group [My NYSEG bill doubled](#) 💎.

Why Do Bills Spike?



Not everyone sees these huge increases. Those are clearly due to faulty software in the smart meter, which, if you didn't know, is a *computer* that measure electrical usage. See our page [Smart Meters 101](#) for more on that.

Pretty much everyone is going to see at least some bill increases. This is because smart meters measure your electrical usage in 15-minute increments and take whatever is the highest reading in that interval as your usage for the entire 15-minute interval.

So if, for example, you turn on your toaster, which draws a lot of amps when it first turns on, the smart meter will take that brief high reading as the reading for the next 15 minutes.

One thing that can help mitigate this is the [Power Perfect whole-house dirty electricity filter](#). This is because this filter *stores* excess energy, then feeds it out when needed. On the [Reviews](#) page of my No Dirty Electricity website, you can see two reviews where customers saved significantly on their bills after installation of the filter. One is Rose Navarre of Michigan, who saved \$50 a month after installing the filter. The other is David Clark of Pennsylvania.

Who to Complain to

Complain to your public service (also known as utilities or corporation) commission.

Contact the media. They do stories on this kind of thing.



Community Group for
Smart Meter Education
Network

Post, ask questions, engage with others.

Learn more about smart meters.

[Join here.](#)

This is different than our Facebook *page*. By joining this group, *you* can post.

EMF Mitigation Products



Dirty Electricity

Dirty electricity causes many of the health problems people experience from smart meters. Reduce your dirty electricity levels by 90% by using the filter Linda Kurtz uses. Visit NoDirtyElectricity.com, and feel free to call Linda at 520-398-2985.



Measure Your Dirty Electricity Levels

Rent or buy a DE meter.

-- **Rent:** \$21 for a week's rental. Call Linda at 520-398-2985 or email LindaKurtz@NoDirtyElectricity.com.

-- **Buy** the [SaticShield Line EMI Meter](#).



RF Meters, Bed Canopies, and More

Meters to measure RF levels, electrical fields, and magnetic fields. Bed canopies. Shielding materials. And more. Use coupon code **LindaK** at [Safe Living Technologies](#).

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